

CURRICULUM VITAE

DWIGHT H. JUDY

Garrett-Evangelical Theological Seminary
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EMPLOYMENT

Garrett-Evangelical Theological Seminary, Professor of Spiritual Formation, effective July, 2010; Associate Professor of Spiritual Formation, 2001 to 2010, oversight of United Methodist Certification in Spiritual Formation studies; director of Doctor of Ministry, 2001-2008. Coordinator of Spiritual Formation and Adjunct faculty in Spiritual Formation, fall, 2000 to 2001; Visiting Professor 1984 to 2000.

Oakwood Spiritual Life Center, Syracuse, Indiana, Director of Spiritual Formation, 2001-2005; Director of Program, 1994-2001.

United Theological Seminary, Dayton, Ohio, Mentor for Doctor of Ministry cohort, "Minister as Spiritual Director," 2000 to 2003.

Institute of Transpersonal Psychology, Palo Alto, California, Adjunct Research Faculty, effective, 2003; Faculty Chairperson of External Division, 1988 to 1994; Core Faculty appointment as Assistant Professor, 1989; appointment as Associate Professor, 1993; Dean of Students, 1984-1988.

The Upper Room Academy for Spiritual Formation, Nashville, TN, Adjunct faculty, 1989 to present.

Perkins School of Theology Continuing Education, Southern Methodist University, Director of Spiritual Formation, 1984-87.

Psychological Assistant, Los Altos Psychological Consultants, 1985-87, Carl Culberson, Supervisor.

Psychological Intern, The Transpersonal Center, ITP, 1983-85, June Singer and Frances Vaughan, Supervisors.

St. Stephen United Methodist Church, Mesquite, TX, Pastor, 1971-79.

A Christian Ministry in the National Parks, one-year internship, St. John, U.S. Virgin Islands, 1969-70.

PROFESSIONAL ASSOCIATIONS AND LICENSURE

United Methodist minister, North Texas Conference
Retired status, 2009.
Ordination as Elder, The United Methodist Church, 1974.
Ordination as Deacon, The United Methodist Church, 1968.

Fellowship of United Methodist Spiritual Directors and Retreat Leaders, Founding Board Member, 2002 – 2008.

Editorial Review Panel, *Presence*, Spiritual Directors, International, since 2005.

President, Association for Transpersonal Psychology, 1994 to 2000.

Member, American Association of Pastoral Counselors, 1995 to present.

Psychologist, State of California, 1991 to present.

Professional member, Association for Transpersonal Psychology, 1986 to present.

Member, Spiritual Directors International.

ACADEMIC EXPERIENCE

- Ph.D., Institute of Transpersonal Psychology, 1984.
 M.Th., Perkins School of Theology, Southern Methodist University, 1972.
 30 graduate hours, European History, S.M.U., 1967-70.
 B.A., History, With Highest Honors, S.M.U., 1966, Phi Beta Kappa.

BOOKS

- Discerning Life Transition: Listening Together in Spiritual Directions*, Spiritual Directors International imprint. Harrisburg, PA: Morehouse Publishing, 2010.
- “Seasons of Change: Adjustment Disorder as Summons to New Life Structure,” *The Psychospiritual Clinician’s Handbook: Alternative Methods for Understanding and Treating Mental Disorders*, ed. Mijares and Khalsa. New York: The Haworth Press, 2005.
- Quest for the Mystical Christ: Awakening the Heart of Faith*. Akron, OH: OSL Publications, 2003.
- “Rediscovering Christ, the Healer,” *Modern Psychology and Ancient Wisdom: Psychological Healing Practices from the World’s Religious Traditions*, ed. Mijares. New York: The Haworth Press, 2003.
- Christian Meditation and Inner Healing*. Akron, OH: OSL Publications, 2000, reprint White Sulphur Springs, WV, OSL Publications, 2010.
- Curando a Alma Masculina: o cristianismo e a jornada mítica*. Portuguese translation of *Healing the Male Soul: Christianity and the Mythic Journey*. Sao Paulo, Brazil, Paulus, 1998.
- Embracing God: Praying with Teresa of Avila*, Nashville: Abingdon, 1996.
- “Transpersonal Psychology: Roots in Christian Mysticism” and “Counseling Persons with a Religious Orientation,” two chapters in *Textbook on Transpersonal Psychiatry and Psychology*, ed. Chinen, Scotton, et al. New York: Harper, Basic Books, 1996.
- Healing the Male Soul, Christianity and the Mythic Journey*, New York: Crossroad, 1992.
- Christian Meditation and Inner Healing*, New York: Crossroad, 1991.

ARTICLES, TAPES & WRITTEN COURSES

- “Spiritual Disciplines for Personal and Parish Renewal,” on-line course, Garrett-Evangelical Theological Seminary, fall, 2009.
- “Introduction to Spiritual Psychology,” course for Global Program, Institute of Transpersonal Psychology, 2008, co-written with Robert Schmitt.
- “A Rule of Life for Uncertain Times,” *Being a 21st Century Christian in the United States, as study guide*. Evanston, IL: faculty of Garrett-Evangelical Theological Seminary, 2005, pp. 14-16.
- “Wisdom from the Desert: Qualifications for Supervisors of Spiritual Directors.” *Journal of Supervision and Training in Ministry*, 2004, Vol. 24.
- “Prayer and Spiritual Direction,” in audio tape series, *Spirituality in Clinical Practice*. Galena, Illinois: On Good Authority, Continuing Education for Mental Health Professionals, 2003.
- “Psychology of Christian Mysticism,” course for Global Program, Institute of Transpersonal Psychology, 1990, revised 2002.
- “Spiritual Dimensions of Human Behavior,” co-authored with Robert Schmitt, Ph.D., course for Global Program, Institute of Transpersonal Psychology, 1990, revised 2002.

- "Psychology of Meditation," course for Global Program, Institute of Transpersonal Psychology, 1989.
- "Identifying our Shadow through Centering Prayer," *The Inner Edge*, vol. 2, no. 1, 1999.
- "Psychotherapy & Spiritual Direction – A Continuum," Dwight Judy & Sylvia Boorstein, Conference Recording Service, 1998.
- "Transpersonal Psychiatry & Psychology at the Millennium," Dwight Judy, Sylvia Boorstein, Charles Tart, Conference Recording Service, 1996.
- "Mythic Images for Healing the Male Soul," Conference Recording Service, 1995.
- "Transpersonal Psychology: Coming of Age," Association for Transpersonal Psychology Newsletter, Fall, 1993.
- "The Path of the Hero: Healing the Male Soul," Association for Transpersonal Psychology Newsletter, Summer 1993.
- "Initiation: A Western Spiritual Perspective," Rocky Mountain Spiritual Emergence Network Times, May 1992.
- "Surrender/Engagement Blended in Transpersonal Life Stance," Rocky Mountain Spiritual Emergence Network Times, June, 1991.
- "Divine Embrace: The Meditative Practice of St. Teresa of Avila," Conference Recording Service, 1991.
- "Spiritual Formation and Contemplative Prayer," Study Guide for Perkins School of Theology Continuing Education, 1985.
- alive now!*, contributing editor, May/June, 1981, "Leaving"
- alive now!*, contributing editor, Jan./Feb., 1980, "Work/Leisure"
- "Criminal Justice and the Church," a working paper for the Texas Conference of Churches in co-operation with the Texas Committee for the Humanities, 1979.

PROFESSIONAL PRESENTATIONS

- "The Soul's Journey into God," presentation on Bonaventure, North Chicago Theological Institute, Prayer and Life in the Spirit, 2009.
- Fellowship of United Methodist Spiritual Directors and Retreat Leaders. Plenary speaker: "Personal Transitions and Spirituality," "Spiritual Direction as a Cutting Edge of Transition for the Church and for Personal Life," "Spirituality and Transitions within the General Culture of the United States" (third session shared with Bishop Susan Hassinger), 2008.
- "Spiritual Direction Training Programs," one of three presenters, Spiritual Directors International, conference telephone call presentation, 2008.
- "Sabbath for Pastors," Calumet District pastors meeting, United Methodist Church, 2008.
- "Being Present for Inner Healing," Spiritual Directors International conference, Washington, D.C., 2008.
- "Spirituality and Depth Psychology," Two-Year Upper Room Academy, Wisconsin, 2000, California, 2004, Alabama, 2004
- "Prayer Healing," North Chicago Theological Institute course, Prayer and Life in the Spirit, Mundelein, IL, 2004.
- "Developing a Rule of Life," North Chicago Theological Institute course, Prayer and life in the Spirit, Evanston, IL, 2003.
- "Developing a Rule of Life," Garrett-Evangelical Theological Seminary first year M.Div., M.A., and D.Min. students, Evanston, IL, 2001 to present.
- "Reclaiming the Healing Ministry of the Church," Three-Year Covenant Community, Michigan, 2001
- "Reclaiming the Healing Ministry of the Church," Three-Year Covenant Community, Wisconsin, 2001

- “Reclaiming the Healing Ministry of the Church,” North Indiana Conference, UMC, continuing education, 2001
- “Spiritually-Based Leadership for Clergy-Lay Teams” with Craig Emerick, presentation at Pathways Conference, The Upper Room, Nashville, 2000
- “Spiritually-Based Leadership for Clergy-Lay Teams” with Craig Emerick, training for small member church leadership teams at Oakwood, 2000
- “Spirituality of the New Testament,” Two-Year Upper Room Academy at Oakwood, 1997, Alabama, 1991; Five-Day Upper Room Academy, Wisconsin, 1997, Nebraska, 1998, Iowa, 1993
- “Inner Healing through Christian Contemplative Prayer,” ATP Vancouver, 2000
- “Sexuality and Mysticism: A Dialogue with Jenny Wade & Dwight Judy,” ATP Cyberconference, 1999
- “Minister as Spiritual Director,” North Indiana Conference, UMC, 1999, 2003
- “Clergy Mentor Training,” North Indiana Conference, United Methodist Church, 1999
- “Praying with Teresa of Avila,” Thomas Merton Society, South Bend, Indiana, 1998
- “What Do Men Want? A Workshop for Men and Women on Reaching Men in the Church,” North Indiana Conference United Methodist Church, 1998
- “Spiritually-Based Leadership,” St. Luke’s United Methodist Church, Indianapolis, 1998
- “Spiritual Resources for Leadership,” South Indiana Conference, United Methodist Church, 1998
- “When the Fire Grows Dim: Pathways through Burn-Out,” North Indiana Conference, UMC clergy retreat, 1997 - 1999
- “Spiritual Formation in the Church” & “Praying with Teresa of Avila,” Perkins School of Theology, S.M.U., Dallas, TX, 1997
- “Reclaiming Christ, the Healer” and “Christian Meditation and Inner Healing,” Dominican Center at Marywood, Grand Rapids, MI, 1996
- “Embracing God: Praying with Teresa of Avila,” Oakwood Conference on Christianity and Culture, 1996
- “Spiritually Based Leadership,” Garrett-Evangelical Theological Seminary, Evanston, IL, 1996
- “Western Mythologies,” Elderhostel at Oakwood, 1996, 1997, 1998
- “Western Mysticism,” Elderhostel at Oakwood, 1996, 1997, 1998, 1999, 2000
- “Mythic Perspectives of Masculinity,” Wesley Foundation, Purdue University, 1996
- “Transpersonal Psychology: State of the Art,” Plenary Panel, Association for Transpersonal Psychology, 1996
- “Be Thou Our Vision,” church planning retreat, North Indiana Conference, United Methodist Church, 1996
- “Christian Meditation and Inner Healing” and “Mythic Images for Healing the Male Soul,” Midwest Association for Humanistic Psychology, Indianapolis, 1996
- “Spiritual Wellness,” North Indiana Conference, UMC clergy and spouses, 1996
- “Spiritual Growth over the Life-Span,” North Indiana Conference, UMC, Spiritual Life Day, 1996
- “Keeping the Spirit Alive after Retirement,” North Indiana Conference, UMC, retired clergy and spouses, 1996
- “Discernment through Prayer and Action,” Central Texas Conference Professionals Retreat, 1996
- “Christian Meditation and Inner Healing,” National Institute for the Clinical Application of Behavioral Medicine, Hilton Head, South Carolina, 1995.
- “The Art of Spiritual Guidance,” Upper Room Week, Nashville, TN, 1995.
- “Reclaiming Christ, the Healer,” and “Christian Meditation and Inner Healing,” Oakwood Conference on Christianity and Culture, 1995.

- “Christian Meditation and Prayer,” Three Year Covenant Community, St. Louis, MO, 1995.
- “Spiritually-Based Leadership,” Oakwood and North Indiana Conference, Board of Ordained Ministry, 1995.
- “Prayer in the Life of the Church,” North Indiana Conference - United Methodist Church, 1995.
- “Mythic Images for Healing the Male Soul” and “Meditating with Imagery from Teresa of Avila,” Association for Transpersonal Psychology conference, 1995
- “Divine Embrace: Meditating with St. Teresa of Avila,” and “Christian Mysticism: Roots of Transpersonal Psychology,” Midwest Association for Humanistic Psychology conference, 1995.
- “Spiritual Growth over the Life-Span,” North Indiana Conference - United Methodist Church, Disciple Day, 1994.
- “Journey to European Roots: Christian Mysticism, Native Wisdom, and Inner Healing,” Study Tour to Germany, 1994
- “Healing the Masculine Principle,” Quest Series, Grace Cathedral, San Francisco, CA, 1994
- “Christian Meditation and Inner Healing,” Iowa School for the Ministry, 1994
- “Transpersonal Psychology: Coming of Age,” Naropa Institute, 1994
- “Healing the Male Soul,” The Renewal Center, Des Moines, IA, 1994
- “Courage, Fortitude, Vision, and Service: Positive Values of the Patriarchy,” Midwest Association for Humanistic Psychology conference, 1994.
- “Transpersonal Psychology: Coming of Age,” Association for Transpersonal Psychology, opening plenary address for Twenty-fifth Anniversary Convocation, 1993
- “Christian Contemplative Vision: Bonaventure, Dante and St. Teresa of Avila,” ATP, 1993
- “The Mystic Way,” plenary address for Quest Series, “The Mystic Soul,” Grace Cathedral, San Francisco, CA, 1993.
- “Hercules, Jacob and Jesus: Mythic Resources for Healing the Male Soul,” New Directions for Male Psychology conference, Santa Rosa, CA, 1993
- “Christian Contemplative Prayer,” The Renewal Center, Des Moines, IA, 1993
- “Spiritual Disciplines for Personal and Parish Renewal,” D.Min. program, Garrett-Evangelical Theological Seminary, study group in Alaska, 1993
- “Psycho-Spiritual Therapy,” Abtei Koenigsmuenster, Meschede, Germany, 1992
- “Christian Contemplation Retreat,” Cella St. Benedikt, Hannover, Germany, 1992
- Conference Weaver, Association for Transpersonal Psychology, 1992
- “Meditating with St. Teresa of Avila,” ATP, 1992
- “Spiritual/Transpersonal Psychology: Re-understanding the Person,” Spirituality, Psychology, and Addiction: Transpersonal Dimensions of the Self in Recovery, Kansas Wesleyan University, 1992
- “Spirituality in the Workplace,” Mercy Center, Burlingame, CA, 1991
- “Roots of a Western Contemplative Psychology,” Association for Transpersonal Psychology, 1991
- “Divine Embrace: The Meditative Practice of St. Teresa of Avila,” Association for Transpersonal Psychology, 1990
- “Lost in Mid-Life: Opportunities for Spiritual Awakening,” Festival '90, Mercy Center, Burlingame, CA, 1990
- “Roots of a Western Contemplative Psychology,” Association for Humanistic Psychology, Washington, D.C., 1988
- “Meditating with St. Teresa of Avila,” ATP, 1988

- “Transpersonal Education,” panel member, Common Boundary Conference, Washington, D.C., 1987
 “Imagination and Healing,” Common Boundary Conference, Washington, D.C., 1987
 “Christian Meditation,” Association for Transpersonal Psychology, 1986

EXPERIENCE AS LEADER FOR WORKSHOPS COURSES AND RETREATS INNER LIFE DEVELOPMENT

(Guidance to over 7000 people in meditation retreats and workshops, since 1979)

- United Methodist Certification Studies in Spiritual Formation, 2000-present
 Regular courses include: Spiritual Disciplines for Personal and Parish Renewal, Spiritual Direction/Companionship, and Practicum/Supervision in Spiritual Direction; Doctor of Ministry courses: Spiritual Disciplines for Leadership, Spiritual Direction in Multi-Cultural/Multi-Religious World.
- “Prayer and Spiritual Direction,” day-long retreat, First United Methodist Church, Hobart, IN, 2009.
- “Varieties of Prayer,” First United Methodist Church, Batavia, IL, 2009.
- “Spiritual Maturity” and “Deepening your Prayer Life,” Christ of the Hills United Methodist Church, Hot Springs Village, AR, 2008.
- “So You Think you Don’t Pray?” presentation for First United Methodist Church, Evanston, IL, 2008
- Churubusco United Methodist Church, Churubusco, IN, 2005
 St. Mark’s United Methodist Church, Carmel, IN, 2005
 Central United Methodist Church, Muskegon, MI, 2003
 Cargille United Methodist Church, Janesville, WI, 2002
 Oakwood Week-Long Directed Retreat, 1995, 1996, 1997, 1999
 Oakwood Retreat Series, 1994 - 2000 (at least 4 retreats per year on variety of topics)
 First United Methodist Church Men, Auburn, IN, 2000
 First United Methodist Church Men, West Lafayette, IN, 2000, 1999
 First United Methodist Church Men, Bluffton, IN, 1999
 First United Methodist Church, Bloomington, IN, 1997
 North United Methodist Church, Indianapolis, 1997
 St. Luke’s United Methodist Church, Indianapolis, 1997, 1998, 1999
 University Park United Methodist Church, Dallas, TX, 1997
 St. Mark’s United Methodist Church, Decatur, IN, 1997
 Staff-Retreat for Mennonite Board of Missions, 1996
 Spiritual Life Retreat, North Indiana Conference, UMC, 1996
 First United Methodist Church, Goshen, Indiana, Women’s Retreat, 1996
 First United Methodist Church, West Lafayette, Indiana, Family Retreat, 1996
 Woodside Road United Methodist Church, Redwood City, CA, Retreat, 1996
 First United Methodist Church, San Angelo, TX, Retreat, 1996
 Staff-Retreat, Meridian Street United Methodist, Indianapolis, 1996
 Staff-Retreat, North United Methodist, Indianapolis, 1995
 Grace United Methodist, Lafayette, IN, 1995
 Broadway United Methodist, Indianapolis, 1995, 1997
 Calvary United Methodist, Elkhart, IN, 1995
 Grace United Methodist, South Bend, IN, 1994
 High Street United Methodist, Muncie, IN, 1994
 Calvary United Methodist, Ft. Wayne, IN, 1994
 Institute of Transpersonal Psychology External Program Intensives, 1988-94:

Menlo Park, CA; Washington, D.C.; St. Petersburg, FL; Dallas, TX; Corvallis, OR; Vancouver, B.C.; Ft. Wayne, IN; Boulder, CO; Naples, FL; Seattle, WA; Hannover, Germany; Meschede, Germany
 Chinook Learning Community, Seattle, WA, 1992
 Naropa Institute, Boulder, CO, 1992, 1994
 First United Methodist Church of Palo Alto, CA, 1986-93
 Campbell United Methodist Church, Campbell, CA, 1989
 North Texas Conference, United Methodist Church, 1989, 1991
 Nebraska Conference, United Methodist Church, 1988
 No. California-Nevada Conference, United Methodist Church, 1988
 San Jose District, United Methodist Church, 1988
 Charlotte Friends of Jung, Charlotte, NC 1986
 First Unity Church, St. Petersburg, FL, 1986, 1988, 1989
 Oklahoma Conference, United Methodist Church, 1985-1986
 Grace-Union Presbytery, Dallas, TX, 1986
 Little Rock District, United Methodist Church, 1986
 Southwest Texas Conference, United Methodist Church, 1984
 St. Paul United Methodist Church, Muskogee, OK, 1984
 NW Texas-New Mexico Conference, United Methodist Church, 1984
 North Texas Conference, Ministers' Spouses, United Methodist, 1983
 Los Altos United Methodist Church, Los Altos, CA, 1982-83
 First United Methodist Church, Dallas, TX, 1983
 Dallas-Denton District, United Methodist Church, 1983
 Lovers Lane United Methodist Church, Dallas, TX, 1982-83, 1988
 University Park United Methodist Church, Dallas, TX, 1983, 1991
 Paris-Sulphur Springs, District, United Methodist Church (TX), 1982
 First United Methodist Church, Denton, TX, 1981
 Plymouth Park United Methodist Church, Irving, TX, 1981
 First United Methodist Church, Richardson, TX, 1980-81
 Eastfield Community College, Dallas, TX 1979

ADDITIONAL PROFESSIONAL STUDIES

Imagery and Consciousness in the Arts of Healing, Jeanne Achterberg, Ph.D., and G. Frank Lawlis, Ph.D., 60 hour continuing education series, completed 1999 at Oakwood Spiritual Life Center

COMMUNITY SERVICE EXPERIENCE

Evening Prayer Chain coordinator, Calvary United Methodist Church, Syracuse, Indiana, 2007 to 2009
 United Methodist Certification in Spiritual Formation, member of founding team for creation and implementation of studies with faculty of Garrett-Evangelical Theological Seminary and staff of The Upper Room, approved 2000 by UMC General Conference
 Member, Rotary International, Syracuse, Indiana, 1995-2000
 Board of Directors, Department of Transpersonal Psychology and Psychotherapy, The Higher Psychological College, Russian Academy of Sciences, Moscow, 1994
 Established Committee on Spiritual Nurture, First UMC of Palo Alto, CA, 1986.
 Founder, Mesquite Coordinating Council, organization of forty religious and civic groups in community of 70,000 for purpose of improving community services and coordinating volunteer service projects, 1978-79
 President, Mesquite Social Services, Mesquite, TX, 1978

Texas IMPACT, ecumenical lobby for human priority issues, Texas Legislature,
founding board member, 1976

Dallas Community College Ministry, ecumenical ministry on seven campuses,
founding board member, 1975

Member, Division of Church and Society, Texas Conference of Churches, 1972-79